



Institutional Bulletin

Series 5 of 2020

WHO-issued Health Advisory on Novel Corona Virus

In order to help spread public awareness and information on the growing Novel Corona Virus cases (2019-nCoV), World Health Organization (WHO) issued the following health advisory last January 28, 2020:

How can I prevent from getting infected with 2019-nCoV?

Protect yourself from illness with respiratory pathogens by practicing hand and respiratory hygiene and safe food practices:

- Frequently clean hands by using alcohol-based hand rub (for 20–30 seconds) when hands are not visibly soiled or soap and water (40–60 seconds) when hands are soiled;
- When coughing and sneezing cover mouth and nose with flexed elbow or tissue – throw tissue away immediately in a closed bin and wash hands;
- Avoid close contact with anyone who has fever and cough;
- Perform hand hygiene after having contact with respiratory secretions and contaminated objects or materials.
- If you have fever, cough and difficulty breathing seek medical care early and share previous travel history with your health care provider;
- When visiting live markets in areas currently experiencing cases of novel coronavirus, avoid direct unprotected contact with live animals and surfaces in contact with animals;
- The consumption of raw or undercooked animal products should be avoided. Raw meat, milk or animal organs should be handled with care, to avoid cross-contamination with uncooked foods, as per good food safety practices.
- Keep a daily temperature log during duty travel to monitor your health and symptoms during duty travel and for 14 days after returning.

What do I do if I think I have 2019-nCoV?

- If you are experiencing fever, cough and difficulty breathing and have recently travelled to or are a resident in an area where 2019-nCoV is circulating reported, seek medical care immediately if you begin to develop fever or respiratory symptoms such as shortness of breath or cough.
- Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms. If advised to seek care, wear a medical mask when you go to doctor's office/emergency room.
- Do not go to work while sick and minimize contact with others to prevent the spread of infection.

Precautions in health care settings:

- Health care workers (HCWs) caring for patients should apply standard precautions for all patients. See WHO Standard precautions in health care:
<https://www.who.int/csr/resources/publications/standardprecautions/en/>
- HCWs caring for suspected or confirmed coronavirus infection, or handling specimens from them, should implement contact and droplet precautions in addition to standard precautions.

For more information. Please visit the WHO website at [http://www.who.int/publications-detail/infection-prevention-and-control-during-health-care-when-novel-coronavirus-\(ncov\)-infection-is-suspected](http://www.who.int/publications-detail/infection-prevention-and-control-during-health-care-when-novel-coronavirus-(ncov)-infection-is-suspected)

3rd Quarter Lasallian Excellence Awardees' Day

February 3, 2020

The Basic Education Department will be holding its 2nd Lasallian Excellence Awardees' Day (LEAD) on February 3 (Monday), 7:00 AM–12:00 NN, at the Institutional Activity Center. Assembly time for Grade School is at 7:30 AM (8:00 AM–9:00 AM) whereas High School is at 9:30 AM (10:00 AM- 12:00 NN).

Please be guided accordingly.

4th Quarter Salikneta Board of Advisers Meeting

February 5, 2020

The 4th Quarter Salikneta Board of Advisers Meeting will be held on February 5 (Wednesday), 10:00 AM–12:00 NN, at President's Conference Room.

De La Salle Credit Cooperative 57th General Assembly

February 8, 2020

All De La Salle Credit Cooperative (DLSCC) members are invited to attend its 57th General Assembly on February 8 (Saturday) at the Cory Aquino Democratic Space, Henry Sy Sr. Hall, De La Salle University.

Salary Deduction Option for Taal Volcano Eruption Cash Donations

February 10, 2020 until April 25, 2020

To support the 700 families who are temporarily evacuated at De La Salle Lipa due to the Taal Volcano eruption last July 12, our Lasallian Mission and Formation Office (LMFO) is hoping to raise P50 000 to help feed and provide for their immediate needs.

Lasallian partners who wish to donate more than P1 000 to Taal Volcano eruption relief efforts may request for salary deduction of up to six (6) pay days starting February 10 until April 25. To confirm your intent to have your donation coursed through salary deduction, please write your name on the form provided by LMFO and submit it to their office on or before February 7 (Friday).

Please be guided accordingly.



Mr. Christopher N. Polanco
Chancellor